

# RISE UP

FOR SUCH A TIME AS THIS

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## SOHLS BABY BOTTLE CAMPAIGN

benefiting Care Net of Puget Sound

Participate in 1 of 2 ways:

### 1 Grab a baby bottle.

Fill it with your spare change, cash or a check. Return your baby bottle to the church by **February 13.**



### 2 Fill a virtual bottle.

Text **SOHLS** to **41444** to donate.

Your generous gifts go directly to Care Net of Puget Sound, allowing them to reach more families to provide pregnancy testing, ultrasounds, parenting education, childbirth education, STD screenings, abortion recovery and more.

All services are offered at no cost to clients.

*“Open your mouth for the mute, for the rights of all who are destitute.  
Open your mouth, judge righteously, defend the rights of the poor and needy.”*  
Proverbs 31:8-9

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**Your Baby Bottle Campaign gift will be used to connect women and men in your community with pregnancy support, abortion recovery and more.**



**Medical Services:** 24/7 helpline, pregnancy testing, options education, limited ultrasounds, limited STD testing, abortion pill reversal



**Parenting Support:** parenting classes, maternity & baby supplies, community referrals & resources



**Healing Tide** (pregnancy loss support) for women, men & couples: support groups, 8-to-10-week Bible studies, weekend retreats



**Smart Programs:** relationship education for young people, community groups, churches, parents, youth groups, teachers and more. Topics include healthy boundaries, understanding and combating sex trafficking, and more.



**Men's Programs** (Men Helping Men Become Great Fathers): 1-on-1 mentoring, small groups, impact events

For more details about services Care Net offers, visit [carenetps.org](http://carenetps.org).



**Administrative Office**

1924 S Cedar Street, Suite B, Tacoma, WA 98405  
253-383-6033 • [administration@carenetps.org](mailto:administration@carenetps.org)  
[carenetps.org/partner](http://carenetps.org/partner)

**Text or call 24/7 client helpline:** 877-668-2566 • [carenetps.org](http://carenetps.org)

**CENTER LOCATIONS**

**FEDERAL WAY** 253-941-2664  
**GIG HARBOR** 253-858-5585  
**KENMORE** 425-398-5820  
**LAKEWOOD** 253-984-6222  
**PUYALLUP** 253-770-8697  
**TACOMA** 253-383-2988

**MOBILE MEDICAL LOCATIONS**

**BELLEVUE** 425-837-3643  
**SEATTLE** 206-926-7860

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