

# RISE UP

FOR SUCH A TIME AS THIS

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## SOHLS BABY BOTTLE CAMPAIGN

benefiting Care Net of Puget Sound

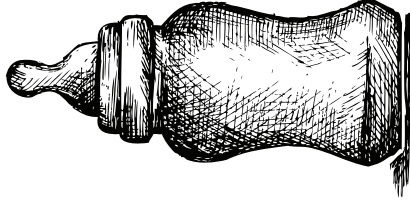
### Participate in 1 of 2 ways:

#### 1 Grab a baby bottle.

Fill it with your spare change, cash or a check. Return your baby bottle to the church by **February 13.**

#### 2 Fill a virtual bottle.

Text **SOHLS** to **41444** to donate.



Your generous gifts go directly to Care Net of Puget Sound, allowing them to reach more families to provide pregnancy testing, ultrasounds, parenting education, childbirth education, STD screenings, abortion recovery and more.

All services are offered at no cost to clients.

*“Open your mouth for the mute, for the rights of all who are destitute. Open your mouth, judge righteously, defend the rights of the poor and needy.”*  
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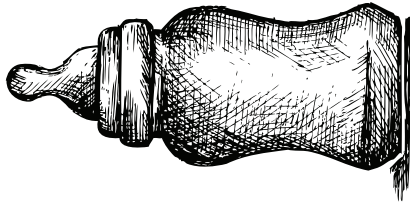
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**Your Baby Bottle Campaign gift will be used to connect women and men in your community with pregnancy support, abortion recovery and more.**



**Medical Services:** 24/7 helpline, pregnancy testing, options education, limited ultrasounds, limited STD testing, abortion pill reversal



**Parenting Support:** parenting classes, maternity & baby supplies, community referrals & resources



**Healing Tide** (pregnancy loss support) for women, men & couples: support groups, 8-to-10-week Bible studies, weekend retreats



**Smart Programs:** relationship education for young people, community groups, churches, parents, youth groups, teachers and more. Topics include healthy boundaries, understanding and combating sex trafficking, and more.



**Men's Programs** (Men Helping Men Become Great Fathers): 1-on-1 mentoring, small groups, impact events

For more details about services Care Net offers, visit [carenetsps.org](http://carenetsps.org).



**Administrative Office**

1924 S Cedar Street, Suite B, Tacoma, WA 98405  
253-383-6033 • [administration@carenetsps.org](mailto:administration@carenetsps.org)  
[carenetsps.org/partner](http://carenetsps.org/partner)

**Text or call 24/7 client helpline:** 877-668-2566 • [carenetsps.org](http://carenetsps.org)

**CENTER LOCATIONS**

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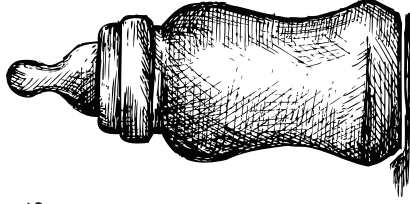
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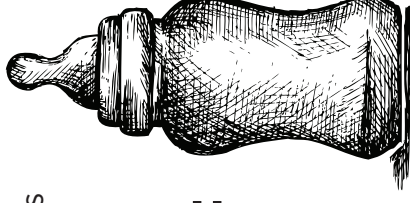
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## Upcoming Events

### Light & Life Dinner

Saturday, March 19, 2022  
Greater Tacoma Convention Center  
Register to sponsor a table, host a table or volunteer for the day of the event.  
To learn more, contact [development@carenetps.org](mailto:development@carenetps.org).

### Spring Baby Bottle Campaign

May 8 - June 19, 2022  
To learn more, contact [development@carenetps.org](mailto:development@carenetps.org).

### Swing for Life Golf Tournament

Stay tuned for more information at [carenetps.org/golf](http://carenetps.org/golf).  
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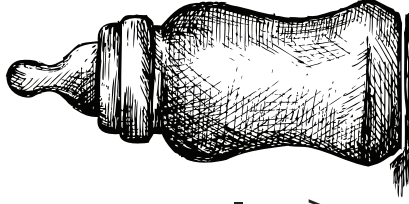
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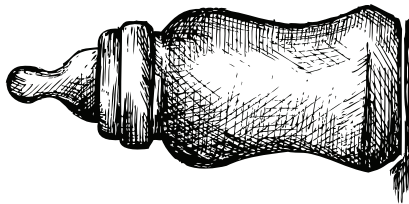
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## Looking for more ways to give?

### Give actively to a local Care Net center.

Each center offers participants in our parenting program the opportunity to earn baby and maternity supplies. Call to inquire about current needs. Set up a time to donate items or use your favorite retail shipping account to ship directly to a center of your choice. Center needs are updated at the beginning of each month at [CareNetPS.org/Center-Needs](http://CareNetPS.org/Center-Needs).

### Give passively using your “Amazon Smile” account.

Designate “Care Net Pregnancy & Family Services of Puget Sound” as your charity of choice.



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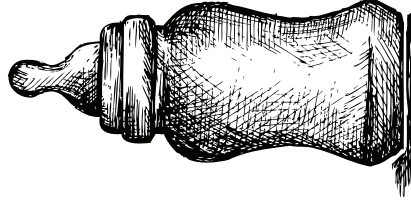
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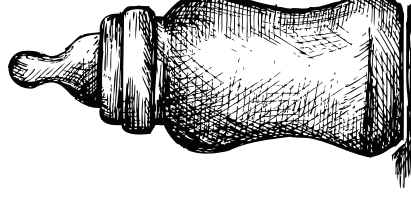
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# Connect with Care Net!

Help Care Net reach more individuals and families with life-affirming help.

## Interested in volunteering?

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## Need Care Net's services?

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