

## Boutique Needs

Each center offers participants in our Parenting Program the opportunity to earn baby and maternity supplies.

Drop by or use your Amazon account to ship directly to a center of your choice. Call ahead to inquire about current needs.

You can also benefit our clients through [smile.amazon.com](https://www.smile.amazon.com). Designate "Care Net Pregnancy & Family Services of Puget Sound" to as your charity of choice.

### Federal Way

Jogging stroller; baby shampoo; baby lotion; baby powder; diapers sizes 5 & 6; crib

### Gig Harbor

Veggie Tales DVDs; diapers size 6

### Kenmore

2 diaper/mommy bags; newborn diapers, wipes; fall/winter boy clothes sizes 3-12 mo; wipe warmer; front sling carrier

### Lakewood

Please contact center for needs.

### Mobile Units

Onesies boy/girl 9-24M; PJs boy/girl 24-36m; neutral Pack 'n Play; toddler mittens; baby monitors; wipes; diapers sizes 5 & 6; Enfamil Neuro Pro Infant Formula; girls clothes sizes 18-24 months

### Puyallup

2 baby monitors; boys & girls 12-24 month winter clothes; girl & boy newborn 0-6 month sleep sacks

### Tacoma

Winter coats all sizes; Sleepers winter: girls sizes 6-9, 9-12 & 12-18 and boys sizes 9-12 & 12-18; diapers sizes newborn, 5 & 6; front pack; bathtub; Bumbo Seat

Clip and share these cards when you see a need



**Federal Way** 253-941-2664  
1414 S 324th St # B-105

**Gig Harbor** 253-858-5585  
2727 Hollycroft St #130

**Kenmore** 425-398-5820  
6524 NE 181st St, #9

**Lakewood** 253-984-6222  
10828 Gravelly Lake Dr SW #101

**Puyallup** 253-770-8697  
11102 Sunrise Blvd E #107

**Tacoma** 253-383-2988  
1924 S Cedar St, #B

**Mobile Medical Units**  
**Bellevue** 425-837-3643  
Jubilee REACH, 14200 SE 13th Place

**Seattle** 206-926-7860  
Serves Multiple Locations



1924 South Cedar, Suite B  
Tacoma, WA 98405-2304

HEARTbeat is a quarterly publication  
of Care Net of Puget Sound

NON-PROFIT  
ORG  
US Postage  
PAID  
Tacoma, WA  
Permit #1501

Volume 31 Issue 1  
FEBRUARY 2020

# HEARTbeat OF THE MINISTRY

The official newsletter of Care Net of Puget Sound

Client Site: [www.carenetsps.org](http://www.carenetsps.org)  
Partner Site: [www.carenetsps.org/partner](http://www.carenetsps.org/partner)  
Connect with us: [f](https://www.facebook.com/CareNetofPugetSound) Care Net of Puget Sound  
[i](https://www.instagram.com/carenetofpugetsound) [c](https://www.instagram.com/carenetofpugetsound) [c](https://www.instagram.com/carenetofpugetsound) [c](https://www.instagram.com/carenetofpugetsound)

Offering hope by providing compassionate practical care, accurate information, Biblical truth, and life-affirming resources for pregnancy, sexual health & integrity, and abortion recovery.

## A Picture Worth more than a Thousand Words

"I have an abortion scheduled for 10:00 a.m."

The staff member looked at the clock. It was 9:15 a.m.

"Alli" didn't want to continue with her pregnancy and had only entered Care Net at two friend's requests. She was reluctant to have an ultrasound, and her friends had accompanied her for emotional support.

The client advocate sat down and spoke with her. Sobbing, Alli shared why she was having an abortion. "I'm young. I can't be a mom!" she stated. Through tears, she explained that she didn't know the first thing about parenting.

The advocate gently explained what Care Net had to offer and encouraged her to make sure she knew all her options before she made a decision. The advocate explained how Care Net offers free parenting classes, baby supplies and mentoring if she chose to parent her baby. The advocate also discussed the option of adoption. As Alli thought about these options she had never considered, she stated, "No, I couldn't carry a baby for 9 months and then give it away."

As Alli listened intently, the client advocate explained the process of having an ultrasound so she could decide if she would like one. Just then, "Aaron," the father of the baby, called from the abortion center where he was waiting for her. As Alli sobbed, he comforted her and told her he would join her at Care Net. With the support and presence of Aaron and her friends, Alli decided she wanted an ultrasound.

The moment she saw the ultrasound, everything changed. Her tears evaporated as she gazed in awe at her baby. Aaron stared in shock at what he saw, exclaiming over and

over, "That's amazing!"

Needless to say, she missed her abortion appointment. Alli entered Care Net, certain she was going to have an abortion. The only reason she walked through those doors was to appease her friends.

She left Care Net with hope. What changed? At Care Net, she was able to hear about other options, learn about resources and feel cared for. But most of all, she got to meet her baby.

That meeting changed everything.

For many women like Alli, ultrasounds make all the difference. Without one, many women would never meet their children.

Throughout the years, God has blessed so many through our ultrasound machines. In 2019, Care Net performed almost 700 ultrasounds, all at no cost to the clients.

If an uninsured client were to attend a different clinic, she could pay anywhere from \$300-\$800 for one ultrasound. But at Care Net she pays nothing, thanks to the generous support of our donors.

Over a period of months, our ultrasound machines began to show their age, making it hard for our patients to see their unborn child clearly. Our sonographers could still complete the measurements and read the scan, but we knew it was just a matter of time before the machines would fail. Four of the

six machines are over 11 years old. The other two, made by a different company, only lasted 4 1/2 years. So, we found ourselves in need of six ultrasounds.

What would these machines cost? Each machine, with taxes and shipping will cost \$28,500 for a total of \$171,000.



For more information, address correction, to receive our newsletter, or to be taken off the mailing list, please contact us by phone at (253) 383-6033 or e-mail: [administration@carenetsps.org](mailto:administration@carenetsps.org). Thank you!

## COMING SOON

# HOPE

a Ray of

### 2020 Light & Life Celebration Dinner

A FUNDRAISING EVENT

## Saturday, March 21

Check in 5:15 | Program 6 - 8 PM · Greater Tacoma Convention Center

Register at [LL2020.givesmart.com](https://LL2020.givesmart.com)

Want to host a table? Call Natalie at **253-336-5781**

Client Services: 1-877-NOT-ALONE | Administration: 253-383-6033  
[www.carenetsps.org](http://www.carenetsps.org)

### In this issue of HEARTbeat

**Page 1**  
A Picture Worth more than a Thousand Words

**Page 2**  
Changes at the Capital

**Page 3**  
Sanctity of Human Life

When Needs Are Met

**Inside Flap**  
Prayer & Praise

**Outside Flap**  
Boutique Needs

(cont. on page 2)

**A Picture...** (cont. from page 1)

But once again, God has provided for Care Net of Puget Sound. Through the generous support of fellow Christians, the 4US Organization, and the Knights of Columbus (both locally and from their national headquarters), we saw God's provision for our needs. We also received a few grants from churches, and one church held a Cake Auction for the machines.

By the grace of God, we are grateful to have raised most of the funds needed to replace the machines.

As far as raising the remaining funds, we are facing significant expenses such as hiring two to three more RNs

## Changes at the Capitol

On Wednesday, January 15th, 2020, legislators had a hearing on passing the Comprehensive Sex Education Mandate Bill (HB2184 / SB 5395). This bill would mandate every school district in Washington State to use state approved curriculum for students K-12. The chosen curriculum contains material, graphics and statements normalizing sexual behavior at a very early age that goes against a majority of parents wishes. In a 10,000 person survey, 58% of parents said "no" to the curriculum. The bill takes away parent's rights and systematically indoctrinates children as young as 5 years old to an ideology that many families (faith based and secular) do not support.

As of this printing, a final decision has not been made; however, legislators are still pushing to see the bill pass. We encourage you to stay informed on changes by following The Network WA @thenetworkWA and Family Policy Institute of Washington at fpiw.org on Facebook.

### What can you do?

- Call AND email your legislators in the House and the Senate to urge them to vote NO on this bill. For email, go to [www.leg.wa.gov](http://www.leg.wa.gov) and the home page will help direct you to the legislators (House and Senate) in your district. Their phone numbers will be listed under their names. If you do not know your district, the website can help you also.

who will be trained in ultrasound sonography. Once they are trained, they will be able to help serve the increased demand for ultrasounds in our various locations. We are hoping and praying to continue to raise funds to cover the costs of our expanding ministry.

Once again, we want to thank those organizations, churches and donors who have stepped in to help us meet this emergency need. Please consider a gift to be able to give our patients ultrasounds and enable them also to see their unborn children. God bless you for your help.

- The bill passed last year in the Senate, so please focus on the House first! The more people who call in, the better. The more emails they receive, the better. It does not matter if they already support your views on this bill. The more that legislators hear from people against the bill, the better Olympia will listen!
- Please let your friends and neighbors know about these bills. Share the following links via email, on social media and ask them to share with their friends.

Thank you for standing for the health and wellbeing of our children. The planned curriculum will do great damage to our children and take away the rights of parents to guide their children in their formative years regarding relationships, sexual integrity, and safety.

Are you interested in learning more about this bill? Scan the following QR codes to learn more information:

#### Talking Points



#### Summary of Bill



Resources produced by The Network WA

## Sanctity of Human Life Sunday

We are so grateful for the 104 churches that participated in Sanctity of Human Life Sunday (SOHLS) on January 19. Among those churches, 115 presentations were given, 40 churches started their baby bottle campaign with a whopping total 2775 baby bottles distributed to Puget Sound churches.

And that's not all! We are still working with churches planning their SOHLS events on alternative dates.

If you haven't had a chance to view our SOHLS video, be sure to head on over to [care-netps.org/sohls](http://care-netps.org/sohls) or scan this QR Code.



## When Needs Are Met, Anything Is Possible.

When many parents lay their babies down for a nap, they probably don't even think of the blessing of a crib. Of course, they have a crib! Who could ever imagine going without one?

But for some women, raising children without essentials such as cribs, strollers, and warm clothes is a painful reality.

"Jamie" was referred to our center very pregnant with twins. Living in a new community with no connections, she had no idea how she was going to be able to afford one, let alone two cribs. Jamie learned about our parenting support program and how individuals can attend classes to earn Care Net Cash in order to buy supplies for their young ones. They can use the Care Net Cash to buy cribs, diapers, baby clothes, strollers and more all at no cost to them.

Jamie faithfully engaged in parenting classes until she was put on bed rest and subsequently gave birth early. Her babies spent weeks in the hospital before she was finally given the word that she could take them home.

She called wanting to know if we had any cribs as she wanted to be sure her babies had a place to sleep. Thanks to a generous donor who had given money

specified to pay for cribs, this sweet new mom was able to use her Care Net Cash to "purchase" two brand new cribs and mattresses for her babies.

With tears in her eyes, she thanked us over and over for helping her give her babies a place to sleep. As Jamie left, she called over her shoulder that she couldn't wait to come back to parenting classes and to introduce us to her beautiful babies.

At Care Net, we want to do whatever we can to support parents just like Jamie.

Our parenting classes provide the training and knowledge for these parents to feel confident in their new roles while offering the opportunity to receive free supplies.

How can Care Net offer all these resources? Because of supporters like you! Your gifts, whether material or financial, allow us to provide these men and women the peace of mind that they have the resources to raise their children with courage and hope for the future.

If you are interested in reading about our current boutique needs, you can find them on the right flap of this newsletter under "Boutique Needs."



## PRAYER & PRAISE

Praise God that we are starting off 2020 with more clients.

Praise God that we have gotten more community connections, and that churches on the peninsula want Sanctity of Human Life Sunday speakers.

Praise God for people that are excited about donating to Care Net and ask what we need.

Please pray that the Purposeful Parenting Workshop in Gig Harbor will be successful and will have many attendees and that there will be several who will desire to connect to the church family in a real way.

Please pray for new staff to be hired in exactly the right place for them at Care Net. Also, that they will be faithful and consistent and blessed by Care Net.

Please pray for women who have had miscarriages. May God help them grieve and heal from loss, as well as the fathers and extended family.

Pray for new volunteers will be uplifted and encouraged through the training process and will be prepared to work with clients. Keep all staff and volunteers healthy and well.

Pray God will give us more ways to serve the Key Peninsula and push into areas under-served.



**Federal Way 253-941-2664**  
1414 S 324th St # B-105  
Federal Way, WA 98003

**Gig Harbor 253-858-5585**  
2727 Hollycroft St #130  
Gig Harbor, WA 98335

**Kenmore 425-398-5820**  
6524 NE 181st St, #9  
Kenmore, WA 98028

**Lakewood 253-984-6222**  
10828 Gravelly Lake Dr SW #101  
Lakewood, WA 98499

**Puyallup 253-770-8697**  
11102 Sunrise Blvd E #107  
Puyallup, WA 98374

**Tacoma 253-383-2988**  
1924 S Cedar St, #B  
Tacoma, WA 98405

**Admin Office 253-383-6033**  
(Located at Tacoma Center)  
[administration@carenetps.org](mailto:administration@carenetps.org)

**[www.carenetps.org](http://www.carenetps.org)**  
253-383-6033

### Mobile Medical Units

**Bellevue 425-837-3643**  
Jubilee REACH, 14200 SE 13th Place  
Bellevue, WA 98007

**Seattle 206-926-7860**  
**TUESDAYS** Taproot Church in Burien  
152 SW 152nd St, Burien, WA

**WEDNESDAYS** Kent Christian Center  
9440 Canyon Drive, Kent, WA

**THURSDAYS** Union Gospel Mission  
3802 S Othello St, Seattle, WA

### Don't face an unplanned pregnancy alone.

ALL SERVICES ARE FREE & CONFIDENTIAL  
Pregnancy Tests | STD Screenings\*  
Limited-Scope Ultrasounds  
Options Education | Parenting Support

24/7 Helpline:  
1-877-NOT-ALONE (668-2566)  
[carenetps.org](http://www.carenetps.org)

\*STD Screenings only available for women on-site. Referrals available for men.

