

Heartbeat

..... of the Ministry



In this issue:

And the Word was made flesh
Page 1-2

My Smart Adventure
Page 2

Prayer and Praise, Needs, Events, and Impact
Page 3

Get Involved
Page 4

Care Net offers hope by providing compassionate practical care, Biblical Truth and life affirming resources related to pregnancy, sexual integrity and abortion recovery.

"And the Word was made flesh, and dwelt among us...." John 1:14

*Saviour of the nations, come,
Virgin's Son, make here thy home!
Marvel now, O heav'n and earth,
That the Lord chose such a birth.*

and her family was not even aware that she was in a relationship, she decided her next step needed to be an abortion.

Her peer counselor called her the next week and Myra told her that the abortion was already scheduled. Myra was reminded that there was still time to have an ultrasound beforehand. Myra agreed that it wouldn't hurt, and came in that week for the appointment at Care Net.

During the scan Myra saw an eight week "little one" on the screen with a little heart beating at 176 beats per minute. Not a thing had to be said; Myra said it all - "now that I've seen that it is alive, I cannot have an abortion. Please keep my pictures for me while I figure out how to tell my family." The abortion was cancelled and Myra is planning for her "little one's" future.

*Wondrous birth!
O wondrous Child Of the virgin undefiled!
Though by all the world disowned, Still to be in heav'n throned.*

✦ Shortly after New Year, I found out that I was pregnant. I was scared and didn't know what I was going to do, let alone how I was going to tell my boyfriend. While I was doing some research online regarding pregnancy, I stumbled onto the Care Net website. I decided I would give them a call and go from there, after all what did I have to lose?

So here I was, on my way to Care Net. I was scared, pregnant, alone and not sure what my future held. But soon after meeting with a lady named Marie at Care Net, I knew everything would be ok. Marie talked to me about what my options were and she also listened to my concerns and answered my questions. We then ended our session with a prayer and a hug. I left Care Net that day knowing I now had a support and help through my pregnancy.

Now, almost the end of the year, I am so happy as a new mom and grateful for my decision to go to Care Net!



*Not of flesh and blood the Son,
Offspring of the Holy One;
Born of Mary ever blest,
God in flesh is manifest.*

✦ Tanya saw abortion as the only solution for her situation. She had several "logical" reasons as to why she could not continue her pregnancy; one

being that her religious family believed that an abortion would hide the shame she had brought on them. After experiencing truth and compassion at Care Net, and learning more about her baby via ultrasound, Tanya chose life for her baby. Praise God, our prayers were answered!

Struggles with the father of her baby and her family continued, but Tanya persevered and graduated from the Earn While You Learn parenting program. She was eager to learn all she could about how to be a good mother to her son.

✦ Myra was in an exciting relationship, but did not intend to, nor expect to have a pregnancy be a part of the experience. She was starting to wonder though, if this might be a possibility, so she came into one of Care Net's pregnancy clinics to have a pregnancy test. Her fear was confirmed, as she saw that the test was positive. Since she still lived at home

Continued on page 2 >>

Care Net of Puget Sound is Members Of:



My Smart Adventure



A year ago when I started as the Smart Programs Director, I had no idea of the wonderful adventure God had before me!

For two years, I served as a volunteer speaker for Smart Love. I was excited to share the 90-minute presentation about healthy relationships to teen students in public schools and youth groups. God used that time prepared me for more.

One of the best perks of my adventure was the privilege of getting to know and hear the personal stories of our fabulous volunteer speakers I now train and minister to. I also met the passionate and dedicated Share speakers from King County. As a matter of fact, Smart Love was originally developed from the Share program. The King County program offered great support and training for Pierce County throughout the years. This was God making the merging of our programs easier.

An exciting moment of my adventure was the birth of Smart Home. Smart Home's 90-minute presentation helps parents know what their children are being exposed to and how to talk to them about it. Smart Home also offers an in-depth workshop that gives parents the why, when, and how to talk to their children about sex, abstinence, and healthy relationships. What great things God has been doing.

Life is an adventure with God. He has taken me on quite a journey that is far from over. I invite you to join me in the great things God is doing through Care Net. We have a lot of opportunities for new Smart Speakers as we continue to grow and expand our Smart Programs. This can be the year that God takes you on your own Smart Adventure! Please e-mail me for more information: iberger@carenetps.org or call 253-383-6033.

With Thanks to our Local Churches Recently Hosting Baby Bottle Campaigns!

Bethany Baptist Church, Puyallup
Enumclaw Community Church
Evangelical Reformed Church, Tacoma
Faith Presbyterian Church, Tacoma
Sunrise Baptist Church MOPS Group, Puyallup
Sunset Bible Church, University Place
Tacoma First Church of God
SOMA Communities, Tacoma



Continued from page 1

Finally Tanya's son was born and she named him Samuel. Tanya beamed as she shared with us that she chose that biblical name because she plans to raise her son to be a Godly man; a man of integrity and wisdom.

*From the Father forth He came And returneth to the same,
Captive leading death and hell, High the song of triumph swell!*

✦ I started my journey to healing when I started training to be a Care Net volunteer. I had no idea God had other motives in mind. I discovered pent up emotions of anger and even hatred that were related to my abortion experience. I received such useful clarity and insight. God gave me a poem about Healing Tide and why it exists for me.

I hope other men and women find peace in their hearts and the gift only forgiveness brings. I truly can say "I know I am forgiven and can truly forgive all others who were directly and indirectly involved in my abortion." This declaration is a direct result from the healing experience I received through Healing Tide Ministry at Care Net.

*Thou, the Father's only Son, Hast o'er sin the victory won.
Boundless shall thy kingdom be; When shall we its' glories see?*

✦ A young woman walked in with her friend at the end of a very busy day. My spirit felt an urgency to help them, so I took her and her friend in. Only one girl needed a pregnancy test. They were both scared and would only come in together. Her test was negative, and we spent some time talking about her recent choices that had her come to our center. I shared with her how much God loved her and had a plan so much bigger than she could dream of. I asked her if she was happy with the choices she was making in her life, and she answered, crying, that she wasn't. Her friend also had tears streaming down her face! I asked them if they wanted to know Jesus and ask him to forgive them and give their lives to him; both said yes. What a blessing to be able to lead them both in prayers of repentance. Both are still going to church and doing well.

*Praise to God the Father Sing, Praise to God the Son, our King,
Praise to God the Spirit be Ever and eternally. Amen.
Martin Luther 1524*

✦ "Elizabeth" was born to parenting clients, "Mom and Dad," at 28 weeks gestation and weighing less than 2 pounds. Mom and Dad were faithfully attending a group parenting class with 3 other couples except for one week when they didn't show up for class. The following week, Mom and Dad returned and told their birth story and shared pictures of their tiny baby. Their class was so amazing and supportive for them; "ooohing and ahing" as they saw the pictures! This parenting class, filled with first time parents, got a week by week prayer and praise update on Elizabeth's progress; rejoicing when she could be held, and even tracking the increase in ability to nurse and receive nourishment. The class celebrated together and held tiny Elizabeth when she came to class at eight weeks old. (36 weeks gestational age). Mom and Dad were able to earn adorable premie clothes in the boutique - premie diapers are very small! In addition to child and parent education from the parenting mentors, this young family receives support and encouragement from the community referrals they received from Care Net as they adjust and grow as new parents for beautiful little Elizabeth.

Merry Christmas and a Blessed New Year

*From Everyone at
Care Net of Puget Sound*

Prayer and Praise

Praise God for increased opportunities to minister to abortion vulnerable women.
Pray for more to come to our centers for help and hope.

Pray for the future growth of Care Net of Puget Sound.

Praise God for the steering committee now forming and the individuals providing support to make this happen.

Praise the Lord for the recent harvest of new

sisters in Christ! Pray with us that they grow in Christ.

Pray for all pregnancy centers in Washington State during the upcoming legislative season.

Pray for the protection of our Centers, our Staff and our many volunteers who serve faithfully!

Please join our e-mail or text prayer chain by e-mailing administration@carenetps.org.

Visit Us:

On the web:

CARENET www.carenetps.org



CareNet PugetSound



CareNetPSound

Special Delivery from 4US!



The 4US organization delivered 3 ultrasounds to Federal Way, Kenmore and Puyallup.

Our thanks to 4US; all their participants, supporters and the Knights of Columbus for these wonderful gifts!

Visit them at www.4US.org to see the many ways YOU can help 4US!

Please visit the web at <http://carenetps.org/get-involved> for Wish List Items for your community center!



Baby Boutique Needs

Needed and Appreciated by our Clients

Diapers - all sizes but especially sizes 3, 4, 5 and Newborn.

Clothing - maternity clothing and items; Baby clothing 0 to 3T

Furnishings:

Cribs (*No drop sides please*)

Car Seats - Infant/Convertible (*Can only accept new*)

High Chairs, Strollers

Upcoming Events

January 23, 2011

Sanctity Of Human Life Sunday

February 22, 2011

New Volunteer Training begins North King County. Evening Training.

March 8, 2011

New Volunteer Training begins So. King and Pierce County. Evening Training.

March 24, 2011

2011 Light and Life Annual Banquet. 6-8pm Greater Tacoma Convention Center

IMPACT January-November 2010

Total Clients Seen:	7,023
Pregnancy Tests:	1,692
Ultrasounds:	1,028
STD Screening:	89
Medical Consultation:	120
Parenting Support:	2,792
Abortion Recovery:	135
Smart Love/Share Presentations	173
Gospel Shared/Spiritual Investment	2,993
Professions of Faith!	49
Rededicated	20

Your Community Locations

Federal Way, 253-941-2664
1414 S 324th St #B105, Federal Way, WA 98003

Gig Harbor, 253-858-5585
2727 Hollycroft Street #130, Gig Harbor, WA 98335

Kenmore, 425-398-5820
6524 NE 181st St #9, Kenmore, WA 98028

Lakewood, 253-984-6222
10828 Gravelly Lake Drive # 101, Lakewood, WA 98499

Puyallup, 253-770-8697
11102 Sunrise Blvd E #107, Puyallup, WA 98374

Tacoma, 253-383-2988
1209 6th Avenue, Tacoma, WA 98405

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Merry Christmas from the Board, Staff and Volunteers of Care Net of Puget Sound



Get Involved in 2011!

Volunteers Needed

Care Net of Puget Sound is growing and we need your help!

- Steering Committee members to help open future centers in King County
- Helping with Special Events
- Administrative Volunteers
- Baby Bottle Volunteer Coordinator North and South
- Church Liaisons
- Center Volunteers
- Smart Speakers

Please call
253-383-6033,
425-391-1770,
or your
Community
Center for
info!



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